Welcome to Cathedral Catholic High School! We hope that you will enjoy this Viewbook as a means to learn more about our school community, our school family!

Cathedral Catholic’s mission is to create an innovative academic community of lifelong learners grounded in the Catholic faith that prepares our graduates to live God’s call and build the Kingdom.

We are thankful for the 1,600+ students who share their talents, successes and struggles with us each school day. We are grateful for their parents who willingly and generously share their time, talents and treasures in partnering with us to make Cathedral Catholic High School the outstanding school community that it is. We are grateful for our priests and lay religious leaders who ground us in faith and inspire us to live God’s call and to build His Kingdom! We are thankful for the professional and caring teachers and staff members who lead by example in nurturing our students. We are thankful for our security staff and members of our facilities department that work diligently to provide all of us with a safe and secure school environment. We are thankful for our beautiful school that serves us well in providing an academic setting in which all students may succeed. We are thankful for our state-of-the-art athletic facilities that allow us to play successfully at the highest levels of competition and for our visual and performing arts programs that provide our students with a variety of opportunities to discover their many personal gifts.

We invite you to take your place among us as a scholar, a leader, an athlete, an actor, an artist, a musician and as a person of faith. If we are given the privilege to welcome your son or daughter to the Cathedral Catholic family, we will work diligently to help them embrace a strong moral center, a feeling of personal worth, integrity, compassion and a sense of peace.

A Cathedral Catholic education is one that your sons and daughters will carry with them long after graduating from Cathedral Catholic High School.

If you would like more information about Cathedral Catholic High School or have questions regarding the possibility of your son or daughter attending, please feel free to contact our Office of Admissions. You may reach our Director of Admissions, Ms. Elizabeth Tysor, or one of her admissions team by calling (858) 523-4000 or emailing her at Admissions@cathedralcatholic.org for assistance.

Sincerely,

Stevan R. Laaperi – President
Kevin Calkins – Principal
Our Mission
Cathedral Catholic High School is an innovative academic community of lifelong learners grounded in the Catholic faith that prepares our graduates to live God’s call and build the Kingdom.

Our Philosophy
Cathedral Catholic High School is a leader in Catholic, college preparatory education. Our rigorous, innovative education program is offered in a nurturing community based on teachings of Jesus Christ and Traditions of the Catholic Church. Our CCHS core values — faith, knowledge, character, and responsibility — developed from our University of San Diego High School heritage guide our graduates’ growth to become responsible leaders. Our program is student centered, recognizing that each person is made in the image and likeness of God and shaped by differences in interest, ability, and background. We are a collaborative community, dedicated to learning and teaching students to assume responsibility for their own educational and spiritual growth. In partnership with parents, we form an educational ministry that is mutually supportive and committed to excellence.

Our Promise
Cathedral Catholic High School is a community built on faith, knowledge, character, and responsibility since 1957.

Community Prayer
Lord Jesus Christ, Let my gifts change the world, help us live the call, build the Kingdom, Veni Sancte Spiritus.
**FAITH**

Our Cathedral Catholic High School faith community is called to live the call of Jesus and reflect upon the Catholic values of charity, service, and social justice. Grounded in the teachings of Jesus Christ and Traditions of the Catholic Church, our community invites students to participate in the sacramental life of the Church and contribute to a school environment that fosters love, compassion, and peace.

**Knowledge**

In partnership with parents, we form an educational ministry that is mutually supportive and a community committed to excellence. It is our intent that our graduates carry a spirit of intellectual curiosity and a love for learning on their continuing journey of personal growth. Cathedral Catholic High School is a recognized leader in Catholic, college preparatory education, equipping students for success in the 21st Century.

**Nick Doyle, Class of 2017**

What I am involved in at CCHS:
- Freshmen Football
- JV Football
- Varsity Football
- JV Lacrosse
- Varsity Lacrosse
- Fellowship of Christian Athletes (FCA) Club

My favorite class...
- is US History with Mr. Kilroy. He cares about his students and wants everyone to succeed.

Only at Cathedral Catholic High School...
- you feel like you are part of a larger family. Not just when you are on campus, but also when you see the bumper stickers on the freeway and interact with alumni on and off campus. You know there is a larger support system. We are all one family.

My favorite thing about Cathedral Catholic High School...
- is how the faculty, administration, and staff all put the students before themselves. You can go to any one of our teachers for help, and they will go the extra mile to make sure you succeed.

**Megan Faraimo, Class of 2018**

What I am involved in at CCHS:
- Varsity Volleyball
- Varsity Softball
- Catholic Worker Club
- Italian Club
- Card Club
- El Cid
- Ambassador for Christ Corps

My favorite class...
- is Anatomy and Physiology with Mrs. Snyder. She presented the material in a fun, creative way that I feel will prepare me for college. I plan on studying sports medicine at UCLA.

Only at Cathedral Catholic High School...
- do we take pride in our academics, faith, athletics, clubs, and our school spirit.

My favorite thing about Cathedral Catholic High School...
- is the faith-based community with strong academics and athletics. CCHS does an extraordinary job accomplishing these three priorities at the same time. CCHS has everything and more in what I was looking for in high school.
CHARACTER

Our Cathedral Catholic High School core value of character inspires our students to respect themselves and others, value diverse people and cultures, and practice ethical citizenship and leadership. Our community prayer calls for us to build the Kingdom by making moral choices to improve our community and ourselves.

Daniel Hidalgo, Class of 2019

What I am involved in at CCHS:
- Varsity Tennis
- Service trip to Nicaragua
- Student Exchange Program to Buenos Aires, Argentina

My favorite class... is Algebra with Mr. Derenthal. He explains the material in a way that makes learning fun!

Only at Cathedral Catholic High School... you are taught by amazing teachers that care about you. You also get a school with outstanding sports teams that you can be a part of or cheer for them. Also, get the environment is a taste of what college will be like with the rotating block schedule.

My favorite thing about Cathedral Catholic High School... is the community. We are united in good and bad times.

RESPONSIBILITY

We are a collaborative community, dedicated to lifelong learning and to teaching students to assume responsibility for their own educational and spiritual growth. Students are called to apply their gifts to change the world and to become responsible leaders committed to the Gospel of Jesus Christ.

Olivia Firsching, Class of 2018

What I am involved in at CCHS:
- Track and Field
- National Honor Society
- Options (peer mentor)
- Ambassadors for Christ Corps
- Campus Ministry
- Ambassadors for Christ Corps
- Rosary Club
- Sweet Scripture Club

My favorite class... is biology with Mr. Montali. He is very passionate about the subject and makes learning fun for everyone!

Only at Cathedral Catholic High School... can faith be included into the balance without jeopardizing other essential characteristics of a big college-prep school. CCHS doesn't trade out a stellar sports program or rigorous academics to incorporate religion courses, Masses, or service throughout the year. Instead, Cathedral excels in several fields, including faith development, without compromise.

My favorite thing about Cathedral Catholic High School... is the St. Therese Chapel, which is a primary focal point on our campus. I love the morning Masses held there and appreciate having constant access to Jesus and a peaceful place to go to in the midst of school year activities.
Cathedral Catholic High School is a college preparatory school, accredited by the Western Catholic Educational Association (WCEA) and the Western Association of Schools and Colleges (WASC). CCHS and holds membership with the College Board.

Curriculum
The daily academic program is organized on a rotating schedule. A typical schedule consists of 35 units (7 classes) per semester. Students meet for three classes on Monday and four classes per day Tuesday through Friday.

Graduation Requirements:
- Religious Studies: 40 units (4 years)
- English: 40 units (4 years)
- Language: 20 units (2 years)
- Mathematics: 30 units (3 years)
- Social Science: 30 units (3 years)
- Visual and Performing Arts: 10 units (1 year)
- Electives: 55 units (4 years)
- Physical Education: 20 units (2 years)

Advanced Placement
Cathedral Catholic High School offers 22 Advanced Placement (AP) courses:
- American Government
- Art History
- Biology
- Calculus AB
- Calculus BC
- Chemistry
- Computer Science A
- Macro Economics
- English Language
- English Literature
- Environmental Science
- French
- Latin
- Music Theory
- Physics
- Physics C
- Spanish
- Statistics
- Studio Art Drawing

AP courses have prerequisites that students must meet in order to be enrolled. There is no limit to how many AP courses a student may enroll in.

Honors Courses
Cathedral Catholic High School offers 9 Honors Courses:
- Algebra 2/Trigonometry
- Anatomy and Physiology
- Biology
- Pre-Calculus
- Chemistry
- English 1
- English 2
- English 3
- Geometry

Cathedral Catholic High School is pleased to partner with a higher education institution to allow our students to earn transferable college credit from our campus. Our partnership with MiraCosta College offers seven courses.

- Psychology 101
- Sociology
- Psychology 245
- Linear Algebra
- History 109
- Calculus D
- History 110
**PRE-ENGINEERING PROGRAM**

The CCHS Pre-Engineering Program is an exciting and challenging educational program showing how rigorous technical course concepts are related to real-world problem solutions through hands-on, project-based learning.

The CCHS Pre-Engineering Program is designed to provide students with the skills and knowledge needed to succeed in future Science, Technology Engineering, and Mathematics courses.

- Educational and exciting off-campus industry tours
- Local, state, and national science and technology activities—Robotics competitions, workshops, seminars, and events
- Industry internship, real-world job experiences
- Daily use and all-access to the newly remodeled and expanded Pre-Engineering lab

**IMMERSION TRIPS**

CCHS students have the opportunity to serve the poor and marginalized in Nicaragua. The focus of the trip is to serve God by working alongside and building relationships with our Nicaraguan friends. Trip activities vary, but usually consist of:

- Construction work
- Community development
- Health clinics
- Spiritual programs
- Sports
- Visiting orphanages

**STUDENT EXCHANGE PROGRAM**

Student Exchange Trip to Buenos Aires, Argentina. The trip is open to sophomores and juniors that have successfully completed Spanish 2. Students will be completely immersed in the Spanish culture by living with an Argentinian host family, attending classes at Nuestra Señora de Las Nieves, and exploring all the beautiful culture and history that Buenos Aires has to offer.

**LIGHT GROUP**

The CCHS students learn the importance of faith in action, and this is supported through the CCHS LIGHT Group and service program. The service program is a fully communal approach to service; the entire CCHS community works together in order to:

- Serve communities near and far
- Build community at school and beyond
- Foster awareness for justice in the world
- Awaken a sense of social responsibility

All CCHS students will take place in a comprehensive program run through the LIGHT Group. Throughout the school year, all freshmen, sophomore, and junior students will go out and serve in the community. Each grade level will have a specific area of focus. Seniors will select an area of service.

**LEARNING CENTER**

The CCHS Learning Center serves students with diagnosed learning differences. This includes students who are identified with a processing or reading disorder, in addition to students with Attention Deficit Hyperactivity Disorder (ADHD) or other identifications. The staff is committed to providing for the needs of students who have been identified with a learning disability and are experiencing academic difficulty with the curriculum.

Extended time for our placement test is offered to those students who qualify for extended-time testing by submitting a recent psycho-educational evaluation written by a private or public psychologist or educational therapist stating the need for extended time. The evaluation must be received at the time of application for admission to receive this accommodation.

**Options Program**

- Inclusive education for students with intellectual disabilities and/or delays
- Students will earn a Certificate of Completion upon finishing their four years at CCHS
- Peer mentors facilitate inclusion in typical CCHS classes
- Support from special education case manager
- Individualized curriculum design
- Incoming freshman may apply

**Academy Program**

- Structured, specialized learning environment for diploma-bound students who desire a Catholic education
- Ten students per grade with one general education teacher per subject with the assistance of a full time special education teacher in specific subjects to include: English, Math, Science and Social Studies
- Inclusion in the typical CCHS setting for Religion and all elective based classes
- Incoming freshman may apply

**HOW THE DONS DO**

<table>
<thead>
<tr>
<th>SAT CCHS TOP 100</th>
<th>CCHS</th>
<th>STATE</th>
<th>NATIONAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Critical Reading</td>
<td>621</td>
<td>564</td>
<td>497</td>
</tr>
<tr>
<td>Math</td>
<td>618</td>
<td>557</td>
<td>510</td>
</tr>
<tr>
<td>Writing</td>
<td>631</td>
<td>571</td>
<td>497</td>
</tr>
<tr>
<td>Total</td>
<td>1871</td>
<td>1692</td>
<td>1504</td>
</tr>
</tbody>
</table>

CCHS students consistently scored about 185 points higher on SAT than California seniors overall.

**ACT**

- 29.96
- 26.2
- 22.6
- 21
STATE-OF-THE-ART-FACILITIES

Our classrooms offer teachers and students a wide variety of options to collaborate and present. Each teacher has a laptop, and iPad. Some teachers are testing iPad Pros, as well as SMARTboard, projector, Apple TV, and cable TV. These tools give teachers a choice in how to best present material. Also, access to Apple TV allows both students and teachers to present from their own devices.

The USDHS Library at Cathedral Catholic has become a major center for students. Students are able to meet in small groups or go into a separate room for silent study. We have condensed our book stacks, in some cases eliminating underused titles to allow for more tables and seating. We replaced outdated reference books and periodicals with an online database that is available to students both on and off campus.

CATHEDRAL CATHOLIC HIGH SCHOOL CLASS OF 2016

382 graduates in the class of 2016
368 students, 96%, matriculated to post high school education
334 students, 87%, matriculated to a four-year institution
34 students, 9%, matriculated to a two-year institution
64 students, 17%, matriculated to a Catholic institution
189 students, 49%, matriculated to a school out-of-state
179 students, 47%, matriculated to a school in-state
52 students, 14%, matriculated to a private 4-year school in California
94 students, 25%, matriculated to a public 4-year school in California
45 students, 12%, matriculated to a Cal State school
49 students, 13%, matriculated to a UC school
27 students, 7%, matriculated to a Catholic institution in California
3 students, .8%, matriculated to an international school
2 students, .5%, matriculated to an Ivy League school
14 students, 4%, are taking a gap year; are undecided, or joining the U.S. Military
APPLE DISTINGUISHED SCHOOL

For the second term, Cathedral Catholic High School was recognized as an Apple Distinguished school for the 2013 - 2015 school years. Then again in 2015 - 2017 for providing school-wide, one-to-one access to Apple iPads for all students, teachers and administrators.

COUNSELING

The Cathedral Catholic High School Counseling Office debuted our new counseling structure that started in the Spring of 2016. Our goal is to offer counseling services based on grade specific needs, giving more attention to students at all grade levels. Students will have a guidance counselor for freshman year through fall of junior year to focus on the transition to high school, academic performance, social needs and college exploration. In the spring of junior year, students will transition to their college counselor to finalize and execute post-high school plans.

Mrs. Kendell Middlebrook was named an Apple Distinguished Educator (ADE) in 2015. ADEs are part of a global community of educational leaders recognized for doing amazing things with Apple technology in and out of the classroom. They explore new ideas, seek new paths, and embrace new opportunities that includes working with each other and with Apple to bring the freshest, most innovative ideas to our students and faculty.

FACULTY

Cathedral Catholic High School teachers care deeply about our students. Our faculty chooses to work at CCHS because they, too, believe in the CCHS mission to create lifelong learners who live the call and build the Kingdom.

Faculty Members ................................ 104
Faculty members with PhDs .................... 4
Faculty Members with Masters .................. 65
Guidance Counselors ............................ 3
College Counselors ............................. 5
ATHLETICS

• 40+ Sports
• 80+ Teams
• 70% Student participation in athletics
• Over the past 5 years, our students have earned 52 CIF championship titles.
• The Dons have earned 158 CIF championship titles (University of San Diego High School/Cathedral Catholic High School)
• Cathedral Catholic High School has won the most CIF titles in the San Diego CIF Section 5 out of the last 7 years. (CIF Record: 12 CIF Championships in one school year (2011-2012)
• Annually, an average of 60+ senior student-athletes go on to play at the collegiate level
• Two full-time athletic trainers
• 10 Varsity Head Coaches with a combined total of 200+ years of Dons coaching experience
• Over 130 coaches in total on the Dons coaching staff

Fall Season
- Sand Volleyball (Boys')
- Cross Country (Boys'/Girls')
- Football
- Volleyball (Girls')
- Field Hockey (Girls')
- Golf (Girls')
- Tennis (Girls')
- Water Polo (Boys')

Winter Season
- Basketball (Boys'/Girls')
- Inline Hockey (Boys')
- Wrestling (Boys')
- Rugby (Boys'/Girls')
- Soccer (Boys'/Girls')
- Team Tennis (Coed)
- Water Polo (Girls')

Spring Season
- Badminton (Coed)
- Sand Volleyball (Girls')
- Golf (Boys')
- Swimming/Diving (Boys'/Girls')
- Tennis (Boys')
- Volleyball (Boys')
- Baseball (Boys')
- Lacrosse (Boys'/Girls')
- Softball (Girls')
- Track & Field (Boys'/Girls')

Multi-Seasonal
- Cheer (Coed)
- Dance (Coed)
- Equestrian (Coed)
- Sailing (Coed)
- Surfing (Coed)
- Crew (Coed)
- Fencing (Coed)

*Note: The school’s Interscholastic teams are bound by the constitution and regulations of the CIF San Diego Section, and school policies.
ALUMNI

Dons' Legacy
Cathedral Catholic High School has a rich heritage comprised of over 60 years and three campuses. Cathedral Girls' High School, located in downtown San Diego, was founded in 1943. In 1970 Cathedral Girls merged with University High School, founded in 1957, on the campus in Linda Vista. In 1986, University High School became University of San Diego High School (UNI). In 2005, UNI transitioned up to the Carmel Valley campus and took on its new name, Cathedral Catholic High School. No matter what campus you were on...Once a Don...Always a Don. The Dons' Legacy has never been stronger. 80+ alumni are among the CCHS team of administrators, faculty, coaches, and staff.

Notable Dons' alumni include:
• Jerry Trainor '95, Actor
• Fr. Matthew Spahr '78, The Immaculata Parish
• Gloria Calderon '93, Producer and Writer
• Jack White '85, Ballast Point Founder
• Carlos Quentin '00, MLB player
• Luke Walton '98, NBA player, Head Coach of the Lakers
• Mark Prior '98, MLB player
• Justin Green '00, NFL player
• Mike Smyth '80, San Diego Judge
• Mike Carey '67, NFL Referee/ CEO- Snowsports Industries
• Mark Prior '98, MLB player
• Justin Green '90, NFL player
• Mike Smyth '80, San Diego Judge
• Mike Carey '67, NFL Referee/ CEO- Snowsports Industries
• Eren McKenna '94, Founder, Babycakes Cupcakes NYC
• William McGrath '96, Judge- San Diego County Superior Court
• Monica Dean '96, News Anchor- NBC Channel 7 San Diego
• Robert O'Neill '66, San Diego Superior Court Judge
• Doug Ams '91, former Navy Seal

Once a Don, Always a Don - Alumni Involvement
Our Dons' alumni enjoy coming home, staying connected, and fostering a culture of giving back to their alma mater. Dons' alumni stay involved by supporting the following events:
• Career Day
• Networking Luncheons
• Homcoming Festivities
• Reunions
• Alumni Mass

Alumni Contacts:
Anne Pickard '95
ALUMNI PRESIDENT
Sean Doyle '80
DIRECTOR OF ALUMNI

SMART INVESTMENT
Cathedral Catholic High School strives to make our Catholic high school education affordable for our families. Through the generosity of our families, donors and parish communities, we raise funds that keep our tuition costs reasonable while providing all of our students excellent teachers, coaches and moderators within a state-of-the-art facility.

There is $4,000,000 budgeted annually for need-based tuition assistance, with approximately 35% of our student population receiving some level of tuition assistance.

For more information regarding tuition assistance, please visit www.fairapp.com. In order to submit an application, please enter our school code of 118 and password, which is cchs118. Please return to the FAIR application website to check on the status of the results, which should process within approximately two weeks. You may contact our Business Office to review the results, once they have been processed.

HOW YOU CAN BE A DON

Campus Tours
Campus Tours are conducted by appointment. Your tour will be led by a member of our Admissions Team. Parents and students are both encouraged, but not required, to take a tour.

Open House
Join us for our Open House in the fall. You will get to meet different members of our community and:
• Tour the campus
• Talk to our Parent Association
• Attend Break-out Sessions about Academics, Alumni, Athletics, Clubs, Curriculum, Technology, Learning Center, and so much more!

Shadow Visits - Don for a Day
To get a firsthand look at a day in the life of a Don, we encourage 8th grade students to spend a morning with a current student. During a Shadow Day, future Dons are paired with a current Don ambassador who will take the future Don to class, answer any questions, and show the future Don the campus.

Contact the Admissions Office at (858) 523-4000 or at donforaday@cathedralcatholic.org to schedule a Shadow day.

Contact our Admission Department with any questions.
Ms. Elizabeth Tysor, Director of Admissions
(858) 523-4000 or Admission@cathedralcatholic.org

Applications available online
CathedralCatholic.org/Admissions/Application
Applications available online
www.cathedralcatholic.org/admissions/application

Ms. Elizabeth Tysor, Director of Admissions

5555 Del Mar Heights Road, San Diego, CA 92130  |  Tel: (858) 523-4000