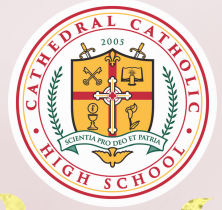


Counseling CORNER

WEEK OF
January 15



2024

SCHOLARSHIPS

Coolidge Scholarship This full-ride, four-year, merit scholarship that may be used by recipients for undergraduate study at any accredited college or university in the United States. Any current high school junior who plans to enroll in college in the fall of 2025 is eligible to apply (current high school seniors are not eligible to apply). Winners may use the scholarship to pursue any academic major. A complete description of the scholarship's criteria is available [here](#).

Application deadline: **January 18**

Bertelsen Scholarship. For high school seniors who live in Oceanside, Carlsbad, Encinitas, Vista and San Marcos, are practicing Catholics and who will be attending Catholic universities. The scholarship is part of the San Diego Foundation Community Scholarship Program and can be applied for using the Foundation's Common Scholarship Application. This year we plan to award four \$10,000 scholarships.

Application opens **January 18- March 8**

InspirASIAN awards national scholarships for graduating seniors residing in any state with a participating local InspirASIAN chapter. All students who apply will be considered for the national scholarships awards.

Application deadline: **January 31**

ATTITUDE OF GRATITUDE

In this quick 4 minutes read from [UCLA Health](#) shows that practicing gratitude – 15 minutes a day, five days a week – for at least six weeks can enhance mental wellness and possibly promote a lasting change in perspective. Gratitude and its mental health benefits can also positively affect your physical health. What are you thankful for?



COLLEGE CORNER

[Affording College: Expert Advice from NYU's Assistant VP of Financial Aid](#)

Join Revolution Prep for a comprehensive Webinar conversation with Scott Wallace-Juedes, former Director of Financial Aid at Yale and current Assistant Vice President of Financial Aid at NYU. He'll share his extensive expertise and first-hand knowledge of the financial aid process in undergraduate admissions including what recent changes mean for your family. This discussion will include the FAFSA and CSS profile, scholarships, grants, need-based aid, and other ways to finance your child's education.

Wednesday, January 17, 5-6 pm [Register here.](#)

Check out this ongoing list of student extracurriculars. Links will be updated when information is released by the programs:

[Extracurricular Opportunities](#)